

Maratonstatistikk Pr. 10.12.2018

Menn

| Navn | Klubb | Tid | Sted | År | Antall | Maraton/Ultra |
|-------------------------|--------------|---------|------------|------|--------|---------------|
| 1 Abraham Syum | MHI | 2.20,40 | Berlin | 2015 | 4 | |
| 2 Øystein Wergeland | | 2.29,50 | Frankfurt | 2017 | 18 | 17 + 1 |
| 3 Jan Erik Wergeland | | 2.31,44 | Frankfurt | 2012 | 12 | 11 + 1 |
| 4 Bjørn Aanensen | MHI | 2.32,19 | Berlin | 1989 | 34 | |
| 5 Kalle Glomsaker | MHI | 2.37,34 | Hamburg | 1986 | 90 | |
| 6 Lars Aanensen | | 2.37,52 | Berlin | 2017 | 2 | |
| 7 Rune Fredriksen | MHI | 2.38,20 | Hamburg | 1998 | 19 | |
| 8 Kjetil Daasvatn | MHI | 2.40,50 | Berlin | 1988 | 1 | |
| 9 Hadi Moradi | MHI | 2.40,51 | Berlin | 2016 | 7 | |
| 10 Odd Johnsen | MHI | 2.42,06 | Hamburg | 1995 | 21 | |
| 11 Einar Larsen | MHI | 2.43,37 | Berlin | 1989 | 1 | |
| 12 Kristoffer Aanensen | MHI | 2.44,16 | Hamburg | 2014 | 7 | |
| 13 Jan Johannensen | MHI | 2.46,14 | Drammen | 1980 | 22 | |
| 14 Ulf Hansen | MHI | 2.47,50 | Mandal | 1997 | 2 | |
| 15 Nils Rune Bue | Umoe | 2.48,19 | Berlin | 2016 | 30 | 29 + 1 |
| 16 Bernt Furnes | MHI | 2.48,55 | Mandal | 2006 | 6 | |
| 17 Per Christian Mørk | MHI | 2.49,25 | Wien | 2002 | 9 | |
| 18 Arne Pedersen | MHI | 2.49,36 | Sandefjord | 1986 | 34 | |
| 19 Erling Klev | MHI | 2.49,45 | Hamburg | 2002 | 6 | |
| 20 Simen Fredriksen | MHI | 2.50,03 | Edinburg | 2013 | 2 | |
| 21 Kåre Aanensen | MHI | 2.50,11 | Hamburg | 2013 | 22 | 20 + 2 |
| 22 Stein Aanensen | MHI | 2.52,25 | Hamburg | 2006 | 19 | 13 + 6 |
| 23 Arne Aanensen | Umoe | 2.53,13 | Hamburg | 2000 | 30 | |
| 24 Robert Bue | | 2.53,14 | Berlin | 2018 | 24 | 19 + 5 |
| 25 Kristian Kleppan | MHI | 2.53,43 | Hamburg | 2004 | 7 | |
| 26 Endre Walvick | Walvick Byg. | 2.54,38 | Amsterdam | 2018 | 9 | |
| 27 Tommy Aanensen | MHI | 2.54,44 | Hamburg | 2003 | 3 | |
| 28 Truls Christensen | MHI | 2.54,49 | Berlin | 1991 | 2 | |
| 29 Tor Geir Kvinen | MK | 2.55,20 | Frankfurt | 2017 | 4 | 2 + 2 |
| 30 Rune Akselsen | MHI | 2.55,38 | Bergen | 2007 | 47 | 24 + 23 |
| 31 Dag Aanensen | MHI | 2.55,56 | Mandal | 1988 | 6 | |
| 32 Åge Sæveland | MHI | 2.55,59 | Mandal | 1988 | 9 | |
| 33 Odd R. Hille | MHI | 2.56,59 | Mandal | 1994 | 1 | |
| 34 Johan Holm Eeg | Kjettingen | 2.57,15 | Mandal | 1980 | 5 | |
| 35 Bjørn Johannesen | MHI | 2.57,18 | Hamburg | 1987 | 5 | |
| 36 Edvin Syvertsen | Umoe | 2.58,07 | København | 2007 | 13 | |
| 37 Karl Thomas Klev | MHI | 2.58,38 | Berlin | 1991 | 63 | |
| 38 Ivar Dahl | Holum | 2.59,03 | Mandal | 1981 | 3 | |
| 39 Terje Johansen | MHI | 3.00,52 | Berlin | 1990 | 16 | 14 + 2 |
| 40 Steinar Haaland | MHI | 3.01,08 | Mandal | 1996 | 11 | |
| 41 Ansgar Røyseland | | 3.01,17 | Mandal | 1980 | 1 | |
| 42 Jan Rune Pedersen | MHI | 3.01,50 | Drammen | 1994 | 13 | |
| 43 Jan Haugeland | | 3.02,19 | Hamburg | 2005 | 18 | |
| 44 Kjell Gunnar Gjerdal | MHI | 3.05,45 | Mandal | 2001 | 40 | 30 + 10 |

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|----|---------------------------|--------------|---------|-----------|------|----|--------|
| 45 | Helge Sletten | VAE | 3.05,47 | Berlin | 1998 | 25 | |
| 46 | Geir Walther | Sparebanken | 3.06,25 | Berlin | 2015 | 19 | 18+1 |
| 47 | Sten Rune Oftebro | | 3.06,56 | Berlin | 2011 | 4 | |
| 48 | Arild Sletten | | 3.07,11 | Hamburg | 2018 | 5 | |
| 49 | Per Ramstad | MHI | 3.08,16 | Mandal | 1994 | 17 | 15 + 2 |
| 50 | Torbjørn Værp | | 3.08,30 | Berlin | 1992 | 1 | |
| 51 | Finn Schefstad | MHI | 3.09,01 | Berlin | 1991 | 7 | |
| 52 | Per T. Solvang | Mand. Turn | 3.09,23 | Mandal | 1980 | 2 | |
| 53 | Lars Kristian Larsen | | 3.09,25 | Berlin | 2016 | 4 | |
| 54 | Inge Buø | | 3.10,28 | Zurich | 2005 | 1 | |
| 55 | Steinar Wergeland | MHI | 3.10,57 | Hamburg | 2005 | 7 | 6 + 1 |
| 56 | Sivert Oftedal | MHI | 3.12,26 | Berlin | 2018 | 6 | |
| 57 | Jan Øyvind Åvik | MHI | 3.12,47 | Berlin | 2018 | 11 | |
| 58 | Terje Kaddeberg Skår | Harkmark I.I | 3.13,09 | Berlin | 2009 | 2 | |
| 59 | Atle Homme | | 3.13,19 | Frankfurt | 2017 | 2 | |
| 60 | Tom M. Dahl | Tine | 3.13,53 | Mandal | 2003 | 12 | |
| 61 | Erik Jørgensen | MHI | 3.14,15 | Berlin | 1988 | 85 | |
| 62 | Lars Kjølberg | MHI | 3.14,40 | Oslo | 1988 | 5 | |
| 63 | Morten Fasseland | | 3.14,47 | Kracow | 2015 | 5 | |
| 64 | Dag Tore Svendsen | GE | 3.15,07 | Mandal | 1998 | 26 | |
| 65 | Yngve G. Finne | Berlin | 3.15,56 | Berlin | 2018 | 3 | |
| 66 | Runar Holte | VAE | 3.16,35 | Berlin | 1990 | 5 | |
| 67 | Rune Stokke | MHI | 3.16,52 | Hamburg | 2017 | 4 | |
| 68 | Torbjørn Fredriksen | Mandal Turr | 3.16,57 | Mandal | 1983 | 4 | |
| 69 | Vidar Løseth | MHI | 3.17,04 | Frankfurt | 2016 | 27 | |
| 70 | Harald Hille | Mandal Turr | 3.17,37 | Mandal | 1980 | 1 | |
| 71 | Bjarne Otterdal | MHI | 3.17,46 | Tromsø | 1994 | 20 | |
| 72 | Gunnar Haugland | Holum | 3.17,51 | København | 1982 | 2 | |
| 73 | Arnfinn Bentsen | MHI | 3.18,05 | Hamburg | 1997 | 7 | |
| 74 | Ottar Olsen | MHI | 3.20,32 | Hamburg | 1994 | 2 | |
| 75 | Ricard Waren | | 3.20,47 | Oslo | 2012 | 4 | |
| 76 | Roy Fjukstad | MHI | 3.22,18 | Hamburg | 1989 | 23 | |
| 77 | Kai Pettersen | Mandal Turr | 3.22,57 | Mandal | 1983 | 2 | |
| 78 | Aasmund Winje | MHI | 3.24,05 | Berlin | 1986 | 2 | |
| 79 | Thomas Askildsen | | 3.26,09 | Frankfurt | 2014 | 1 | |
| 80 | Frithjof Nygård | | 3.26,15 | Mandal | 2004 | 1 | |
| 81 | Jan Eyvind Noor | MHI | 3.27,23 | Mandal | 1983 | 5 | |
| 82 | Jon Gunnar Ask | | 3.27,26 | Bregenz | 2013 | 6 | |
| 83 | Knut Erik Johannesen | | 3.27,47 | Berlin | 2018 | 9 | 8 + 1 |
| 84 | Morten Askildsen | DnB | 3.28,23 | Hamburg | 2005 | 18 | 16 + 2 |
| 85 | Jarl Chr.Kind | Mandal Turr | 3.28,30 | Mandal | 1983 | 1 | |
| 86 | Stian Syvertsen | | 3.28,35 | København | 2014 | 1 | |
| 87 | Petter Danielsen | Fiskelaget | 3.29,47 | Oslo | 2007 | 16 | 13 + 3 |
| 88 | Even Sagbakken | MHI | 3.31,36 | Berlin | 2014 | 9 | |
| 89 | Kenneth Pettersen Furholt | | 3.32,25 | Budapest | 2015 | 2 | |
| 90 | Arne Wilhelmsen | | 3.32,43 | Berlin | 2011 | 2 | |
| 91 | Tom Sagebakken | MHI | 3.34,10 | Berlin | 2013 | 1 | |
| 92 | Tor Helge Johnsen | MHI | 3.34,28 | Berlin | 1989 | 4 | |
| 93 | Stein Andersen | GE | 3.36,09 | Stavanger | 2014 | 15 | |
| 94 | Tor Bjurstrøm | MHI | 3.36,45 | Mandal | 1992 | 1 | |

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|-----|----------------------|--------------|---------|----------------|------|----|-------|
| 95 | Thomas Gjerdal | MHI | 3.37,40 | Jessheim | 2001 | 5 | 3 + 2 |
| 96 | Øystein Ramstad | | 3.37,54 | Zurich | 2005 | 1 | |
| 97 | Einar Ukkelberg | | 3.38,00 | Mandal | 1997 | 3 | |
| 98 | Arnt Gabrielsen | Mandal Turr | 3.38,38 | Oslo | 1984 | 9 | |
| 99 | Harald Ramnes | Mandal Turr | 3.38,41 | Mandal | 1980 | 1 | |
| 100 | Johannes Fosshaugen | Mandal Turr | 3.39,09 | Mandal | 1983 | 1 | |
| 101 | Bjørge Ruud | MHI | 3.39,57 | Berlin | 2013 | 5 | |
| 102 | Jan Arild Fredriksen | | 3.40,02 | Rio de Janeiro | 2018 | 2 | |
| 103 | Robert Pedersen | MHI | 3.40,04 | Hamburg | 1993 | 12 | |
| 104 | Øystein Daasvatn | MHI | 3.41,52 | Mandal | 1981 | 4 | |
| 105 | Øyvind Reinertsen | MHI | 3.43,03 | Berlin | 2011 | 6 | |
| 106 | Arne Torsøe | Mandal Turr | 3.43,20 | Mandal | 1982 | 1 | |
| 107 | Espen Walter | | 3.43,27 | Oslo | 2018 | 1 | |
| 108 | Børre Friberg | MHI | 3.43,45 | Berlin | 2005 | 6 | |
| 109 | Åge Hansen | | 3.44,04 | Mandal | 2007 | 8 | |
| 110 | Arild Krågstad | GE | 3.44,58 | Mandal | 2007 | 4 | |
| 111 | Sigurd Sodeland | | 3.47,48 | New York | 1999 | 2 | |
| 112 | Ronny Aanensen | MHI | 3.48,47 | Hamburg | 2003 | 4 | |
| 113 | Einar Buø | MSK | 3.49,31 | Oslo | 2005 | 2 | |
| 114 | Pål Fasselund | | 3.50,16 | Skopje | 2017 | 1 | |
| 115 | Rune Lia | | 3.51,25 | Berlin | 2015 | 5 | |
| 116 | Willy Tønnessen | MHI | 3.51,58 | Berlin | 2004 | 2 | |
| 117 | Kai Osestad | | 3.52,13 | København | 2014 | 1 | |
| 118 | Odd Hennestad | MHI | 3.52,16 | Berlin | 1988 | 6 | |
| 119 | Ottar Henanger | MHI | 3.53,40 | Berlin | 2004 | 1 | |
| 120 | Bjørn Sandvik | | 3.54,19 | Berlin | 2013 | 1 | |
| 121 | Trygve Sirnes | | 3.54,45 | Skagen | 2018 | 1 | |
| 122 | Per Olav Helms | MHI-friidret | 3.56,44 | Hamburg | 2015 | 1 | |
| 123 | Eivind Thomsen | | 3.57,37 | Mandal | 2014 | 1 | |
| 124 | Nils P Haaland | Mandal Turr | 3.57,57 | Mandal | 1983 | 2 | |
| 125 | Erling Torvund | MHI | 3.59,55 | Mandal | 2013 | 1 | |

Damer

| | Navn | Klubb | Tid | Sted | År | Antall | Maraton/Ultra |
|----|---------------------------|------------|---------|-----------|------|--------|---------------|
| 1 | Ann Karin Gundersen | | 2.51,57 | Mandal | 2003 | 1 | |
| 2 | Inger D. Saanum | | 2.54,39 | Hamburg | 2018 | 35 | |
| 3 | Randi M. Dyrkolbotn | | 3.06,03 | Berlin | 2018 | 10 | |
| 4 | Liv Torunn Netland | | 3.16,23 | Aalborg | 2017 | 5 | |
| 5 | Gerda Fasselund | | 3.20,07 | Kracow | 2015 | 3 | |
| 6 | Anita Kvaase | | 3.32,50 | Hamburg | 2017 | 7 | |
| 7 | Tone Kvinen-Lindland | | 3.33:13 | Oslo | 2018 | 1 | |
| 8 | Grete Rugland | Vassmyra | 3.35,56 | Farsund | 2016 | 19 | 14 + 5 |
| 9 | Kaia Nygård Omland | | 3.36,29 | København | 2015 | 5 | 4 + 1 |
| 10 | Helene Grimestad Hageland | | 3.40:12 | Oslo | 2018 | 1 | |
| 11 | Anne Lill Larsen | | 3.47:57 | Oslo | 2018 | 11 | 10 + 1 |
| 12 | Nina Kristoffersen | Vassmyrada | 3.48,41 | Risør | 2016 | 24 | 21 + 3 |
| 13 | Eli Aase Skår | | 3.50,08 | Hamburg | 2014 | 1 | |
| 14 | Sara Ann Salthaug | | 3.52,38 | Hamburg | 2014 | 2 | |

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|----|----------------------------|-------------|---------|-------------|------|---|-------|
| 15 | Hege Ask | | 3.54,37 | Berlin | 2014 | 2 | |
| 16 | Kristin Marthinsen Kydland | | 3.56.46 | Mandal | 2010 | 1 | |
| 17 | Anne Bjørson | | 3.57,37 | Hamburg | 2014 | 3 | |
| 18 | Trine Salvesen | | 3.59,41 | Oslo | 2010 | 3 | 2 + 1 |
| 19 | Torunn Wilhelmsen | Ryvingen Sk | 4.01,09 | Berlin | 2014 | 1 | |
| 20 | Anne Kristine Daasvat | Vassmyrada | 4.02,24 | Hamburg | 2015 | 1 | |
| 21 | Siren Rosseland | Vassmyrada | 4.11,47 | Hamburg | 2017 | 3 | |
| 22 | Hanne Hillesund | | 4.14,34 | Hamburg | 2017 | 3 | |
| 23 | Lisbeth Tredal | Vassmyra | 4.15,03 | New York | 1999 | 1 | |
| 24 | Kristin Kile Aanensen | | 4.15,04 | Hamburg | 2017 | 1 | |
| 25 | Kathrine Smith | | 4.16,26 | Mandal | 2012 | 4 | |
| 26 | Mariell Nygaard Ask | | 4.16,52 | Berlin | 2013 | 1 | |
| 27 | Ellen Karlsen | Vassmyrdan | 4.19,04 | Holmestrand | 2013 | 6 | |
| 28 | Sissel Storm | MHI | 4.28,22 | Budapest | 2005 | 2 | |
| 29 | Lise Tronstad | | 4.40,03 | Berlin | 2005 | 1 | |
| 30 | Marthe Ur Løvås | | 4.41,20 | Melborne | 2011 | 2 | |
| 31 | Laila Ramnes | MHI | 4.44,40 | Mandal | 1983 | 1 | |
| 32 | Lene Hillesund | Vassmyra | 4.52,27 | Hamburg | 2017 | 5 | |
| 33 | Une Skjørten | | 4.54,56 | Paris | 2014 | 1 | |
| 34 | Reidun Svendsen | | 5.02,00 | Athen | 2011 | 3 | |
| 35 | Selma Hansen | | 5.03,22 | Mandal | 2012 | 1 | |
| 36 | Celine Dahl | | 5.16,34 | Stockholm | 2014 | 1 | |
| 37 | Unni Grete Farestveit | | 5.19,41 | London | 2017 | 2 | |
| 38 | Christina Salthaug | | 5.20,47 | Oslo | 2011 | 2 | |
| 39 | Linda Marie Langfjord | | 5.46,12 | Spitsbergen | 2015 | 1 | |
| 40 | Ruth Hovd Olaisen | | 6.29:51 | Berlin | 2018 | 1 | |

50 KM

| | | | | | | | |
|---|----------------------|-------------|---------|---------|------|---|---|
| 1 | Robert Bue | | 3.47,18 | Oslo | 2018 | 3 | |
| 2 | Rune Akselsen | MHI | 3.48,43 | Oslo | 2013 | 2 | |
| 3 | Geir Walther | Spareb. Sør | 4.14,36 | Oslo | 2014 | 1 | |
| 4 | Grete Rugland | | 4.25,21 | Undheim | 2016 | 1 | D |
| 5 | Kjell Gunnar Gjerdal | MHI | 4.42,14 | Drammen | 2009 | 2 | |
| 6 | Knut Erik Johannesen | | 4.53,31 | Oslo | 2018 | 1 | |

100 KM

| | | | | | | | |
|---|---------------|----------|---------|--------------|------|---|---|
| 1 | Rune Akselsen | MHI | 8.57,46 | Odense | 2006 | 3 | |
| 2 | Grete Rugland | Vassmyra | 9.49,29 | Kristiansand | 2015 | 1 | D |

6 - TIMERS LØP

| | | | | | | | |
|---|----------------------|-----|----------|------------|------|---|---|
| 1 | Jan Erik Wergeland | MHI | 76.467 m | Undheim | 2010 | 1 | |
| 2 | Rune Akselsen | MHI | 71.583 m | Heerde, NL | 2008 | 4 | |
| 3 | Øystein Wergeland | MHI | 71.208 m | Undheim | 2010 | 1 | |
| 4 | Kjell Gunnar Gjerdal | MHI | 66.967 m | Undheim | 2010 | 3 | |
| 5 | Grete Rugland | | 65.900 m | Undheim | 2016 | 1 | D |
| 6 | Steinar Wergeland | MHI | 61.498 m | Undheim | 2010 | 1 | |

12 - TIMERS LØP

| | | | | | | | |
|---|-----------------|------------|-----------|------|------|---|--|
| 1 | Rune Akselsen | MHI | 116.090 m | Oslo | 2006 | 3 | |
| 2 | Robert Bue | | 87.270 m | Oslo | 2015 | 1 | |
| 3 | Tor Olav Gaukås | Mandal Gut | 74.823 m | Oslo | 2015 | 1 | |

24 - TIMERS LØP

| | | | | | | | |
|---|----------------------|-----|-----------|------|------|---|---|
| 1 | Rune Akselsen | MHI | 193.239 m | Oslo | 2010 | 6 | |
| 2 | Grete Rugland | | 181.210 m | Oslo | 2015 | 2 | D |
| 3 | Kjell Gunnar Gjerdal | | 67,704 m | Oslo | 2018 | 1 | |

6 - DAGERS LØP

| | | | | | | | |
|---|---------------|-----|----------|---------|------|---|--|
| 1 | Rune Akselsen | MHI | 572100 m | Erkrath | 2007 | 1 | |
|---|---------------|-----|----------|---------|------|---|--|